



## Pre-Operative Instructions for Dental Surgery

1. Unless specified by your dentist, all medicines taken on a routine basis should be continued without interruption. Please swallow with a minimal amount of water. If you are diabetic please do not take medication which will lower your blood sugar level while you are fasting.
2. A responsible adult, over 18 years of age, should accompany you to the office and must remain in the office during the procedure. Following sedation, this responsible adult should be physically capable of assisting and accompanying you home and should remain with you for the next 24 hours.
3. Patients who are minors (under 18 years of age) must have a legal guardian present to both fill out the "Medical History Update Form" the "Disclosure and Consent Form" and the "Supplemental Disclosure and Consent Form."
4. It is important to avoid smoking for at least one week before the surgery and one week following the surgery.

### Important information for IV (intravenous) sedation:

1. If your surgery is in the morning, do not eat or drink anything between bedtime and your scheduled appointment. If your surgery is in the afternoon you may eat a light meal up to 6 hours before your appointment and may also drink gatoraide up to two hours before your appointment to curb your appetite and maintain hydration.
2. You should wear loose-fitting tops on which the sleeves can be rolled up to the shoulder. Also, please be sure to wear shoes that are securely fastened; no flip-flops or loose-fitting sandals, please.
3. Keep in mind that it is best to allow for some flexibility around your appointment time on the day of your surgery. It is best not to "squeeze in" an appointment for surgery on an already busy day.
4. Following the sedation, you should refrain from driving an automobile or engaging in any activity that requires alertness for the next 24 hours.

### Questions or Concerns?

If you have any concerns or questions about the surgery, please contact Dr. Foust by email at [DrFoust@wisdompartnerDDS.com](mailto:DrFoust@wisdompartnerDDS.com) or by phone at 832.600.6878